

EMMANUEL EXPRESS

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FIRE IN OUR BONES!

Revival! There is a song that *Carman* sings called Revival in the Land. In the centre of the caverns of hell, a scaly creature disrupts Satan with an urgent message. He announces problems of cataclysmic proportions. The song speaks of the encounter that takes place. A report is given on the status of abortions, television violence, false religions, teen runaways, drunk driving etc. A good report as all these things are increasing on the earth. Demons are now on crutches and wobbling. They speak of the only thing that can cause warfare of this magnitude. The demon says they are dealing with those sanctified, blood bought, spirit filled saints of God. The real problem is that the Christians are on their knees! The demons fear their survival. The prayers of the saints is causing hemorrhaging in the realms of darkness. What is so disturbing is that the saints are praying for revival! Satan is very unhappy with the fact that these blood bought believers are praying. He wants to form weapons against them, but no weapon formed against them shall prosper. He wants to launch a vicious attack. But the demon reminds him that if the saints resist Satan, then he must flee! He wants to remind them of their past sins. But then the demon reminds him that the Christians will just remind Satan of his Future!! The music is powerful at this point. It tells believers to man their battle stations. Sound the alarm loud and long. We will kick down the gates of Hell. We will lift our hands in victory, it is our finest hour. The sleeping giant called the church will rise up in power. Cry loud and hard, spare not for this lion is going to ROAR! We may have lost some battles, but we will win this war. We are a generation with *fire in our bones*. Fasten your seatbelts. Revival is here. Christians are like coals of fire, together we glow, but apart we grow cold. We need to lock arms for battle. If God is for us, then who can be against us. The embers of the fire that fell during the special services with evangelist Jonathan Shuttlesworth need to be fanned. This generation needs a new touch from above. We need a fresh encounter with HIM. He knows you and loves you. Will you join the God chasers and run hard after HIM? When we clap our hands in church, we are slapping Satan's face. I refer to hand clapping that comes with our praise and worship and not the frivolous unnecessary hand clapping that has no purpose. When the heavens open and God pours out His blessings, you will not want to hear a second hand report about it. You will want to be reporting first hand what you experienced. During these summer months when the days are hot and lazy, stay focused on prayer and bible reading. Devote your spare time to prayer and intercession. Develop your spirit language. Praise and worship Him! Let Satan tremble and wobble along with his legions of demons. PRAYER is a powerful weapon. Use it!



*And it shall come to pass
in the last days, says
God, that I will pour out
My spirit on all flesh: your
sons and your daughters
shall prophesy, your young
men shall see visions, your
old men will dream dreams.
Acts 2:17*

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EDITOR'S DESK

Years ago, my parents bought a parcel of land in the Terrebonne area. The hot days of summer bring back memories of the many years we spent at our summer home. My father always worked nights at Kraft Foods. When his Friday night shift ended on Saturday morning, he would come home and we would head to the country house. I have fond memories of my dad tending to his prized, huge vegetable garden. I can also visualize my mom standing at the kitchen sink which had no faucets. She would press the handle on the water pump up and down repeatedly until water flowed. It would produce cold underground well water. Looking back it was almost primitive, but I loved drinking that cold water on hot days.



The time always passed by quickly as we hopped from one home to another visiting with all of my dad's relatives who also owned houses around us. I loved exploring the place with my cousins and swimming in the man made lake. The day would soon end with a roaring bonfire. We would all sit around it and roast marshmallows. After that we would pack up and come back to the city. We never slept there unless my dad was on vacation. Why not you ask? The house did have bedrooms that were furnished. Truth is that my parents made sure we were home late Saturday night so that the next day - Sunday, we could go to church. It was a priority for my parents that their children were in church no matter what. The vacation time we spent there was sufficient for them. I thank God they had the strength to set their priorities straight. I rarely asked if we were going to spend the night because I knew church came first. I tried crying and begging but to no avail. I am grateful to my parents for their example - especially my mother. Being present in God's house was definitely a priority in our household of faith. Growing up with generations of faithful believers behind me was a blessing indeed. It all sounds so nice, but the reality of sin is always present in our lives. We make our decisions and it is not always easy. I have had my struggles, my ups and downs. I have been a Christian all my life. I never once backslid. As a teen, the world can be attractive when you have never experienced its so called pleasures. I have been in His service for 37 years. I first helped care for babies in the nursery at Fabre Street church when I was a girl of 11 years old. When well meaning people tell me I have inherited an easy walk of faith, they are really judging a life they have not lived. Walk a mile in my shoes and then tell me what it is like. In reality, life is not summed up in one mile. In Satan's eyes, I am precious if he can succeed to bring me down. He is more aware of the likes of me than the others who do not have such a godly inheritance of 5 generations. If I abandon my faith, there goes all the generations behind me and before me. The roots of faith are deep in accountability and responsibility. The weight can become unbearable at times. Only the strong and determined survive. I am thankful I never gave into the temptations that could have ruined my life. I am well aware of the struggles this world brings, but I determine every day to serve Him. Keep your eyes on Him. Regardless of your background, claim generational blessings when you pray. With you and Jesus together, you have all the strength and help you need to succeed in this world. I encourage you to establish a household of faith that will stand the test of time. Be committed. Be determined and stay focused on the prize that awaits you at the end. I am excited to present this summer issue to you. The contents include, among other topics, anger, revival and the unpardonable sin. You will read a poem and other heartfelt contributions submitted by Emmanuelites. Our past two issues were themed but this summer issue is a literary *minestrone* composed of many topics offering a variety for your reading pleasure. If your summer plans include heading to the cottage, camping, soaking up the sun's rays (sunscreen and a hat) going down south to enjoy the ocean, or playing tourist in our own beautiful city of Montreal, don't forget to bring along your issue of the Emmanuel Express. When you are done with it, pass it along. Happy Reading!

Have a safe summer and be blessed.

Dorina Carosello-Miceli

Editor in Chief

Whatever you do in word or deed, do all in the name of the Lord Jesus. **Colossians 3:17**

AL YOUR PAL

The Standard Encyclopaedia Dictionary defines anger as: A feeling of sudden and strong displeasure and antagonism directed against the cause of an assumed wrong or injury; wrath; to be angry, enraged, inflamed. Anger is an involuntary reaction; no one wakes up in the morning and says "Today I'm going to be angry". When we respond improperly to anger: lose your temper, and store up anger in your heart so that it makes you resentful or down right hostile that anger can become dangerous. This is where the word of God calls us to give an account. In the judicial system, specific terminology is used to describe particular crimes. For example, a murder has taken place, where adultery has been established. The killing – depending on the circumstances – is described as an "act of passion". The bottom line is anger! Not all anger is wrong. Several instances are found in scripture where anger is referred to. In Exodus 32:19; Mark 3:5; and Mark 11:15-17 anger is implied by the actions of our Lord Jesus. The scripture says to us "Be angry and sin not (Ephesians 4:26). Proverbs 29:11 tells us "That a fool gives full vent to his anger, but a wise man keeps himself under control" (NIV). When a person loses his temper, uses foul language, is bitter, has resentment and is hostile, "wants to get even", this type of attitude is displeasing to the Lord, because you are giving a foothold to the devil (Ephesians 4:27).

Ask these questions: Does your anger negatively affect your testimony, when others around you observe your actions or hear your words? What example are you setting for your family and friends? Are those around you victims to your response to anger? God will use circumstances to refine our character; God's purpose is for us to be like Jesus (Romans 8:29). Confess to God your anger that is out of control. Ephesians 4:22-24 says that we have two natures, the old man and the new man. Put off "the old man" which is the Adamic nature and put on "the new man" whom is guided by the Holy Spirit. Anger that is out of control will give rise to sin. Galatians 5:16 says "walk in the Spirit and ye shall not fulfill the lust of the flesh". We must yield to the guidance of the Holy Spirit each day and allow the word of God to abide in us. We can use anger in a constructive way. For example: If you are angry about laws that are passed or taxes that are raised, injustice to the poor and needy, etc... contact those in authority and voice your concerns. When anger becomes destructive to you and those around you, then you have given room to the devil. Nothing better to the devil than to parade an "Angry Sinful Christian" in front of God! Remember the devil is the accuser of the brethren (Revelation 12:10). The only hope we have is Jesus and Him alone, or else the wrath or anger of God will rest upon us

(1 John 2:1-2). The apostle Paul says that "since therefore, we are now justified by His blood, much more shall we be saved by Him from the wrath of God" (Romans 5:9). God's wrath remains on those who are disobedient to His Son. All of us must come to the cross of Calvary where wrath and mercy met. Judgment and grace were there. Truth and sin were nailed there, death and life hung together on that cross. Jesus bore our sin and shame on the cross of Calvary and before He gave up his spirit He said "It is finished" (John 19:30). As we travel the road of life we will come to a crossing on the road. The road that you choose to walk on will determine your destination. Today you can choose "The way, the truth and the life" (John 14:16). Today choose Jesus and you can say as Jesus said "It is finished". Finished to anger. Finished to unbelief. Finished to following sin. Finished to my own way. Allow the Holy Spirit to be the leader in your life, come and drink from the living water. (Revelation 22:17)

A fool vents all his feelings, but a wise man holds them back. **Proverbs 29:11**

Written by: Alfred Cuellar

A MOMENT WITH MARTHA

THE LATEST BUZZ...

The Martha Committee will be hosting a One-day Ladies Conference on Saturday, June 13th, 2009. During these questionable economic times we are pleased to welcome Barb Elvidge from Westview Church as our speaker for this event. Barb will be speaking on : Money Matters. She will share practical information as well as biblical inspiration for today's financial world. The One-day Conference will begin at 9:00 a.m. with coffee and includes a delicious lunch with a time of fellowship. Tickets are available at the Welcome Desk for \$20.00 until June 10th. Tickets will NOT be available at the door, so get your ticket on time. Bee Blessed and Bee there!!



Written by: The Martha Committee

SPEAKER OF THE HOUSE

LONGING FOR GOD!

Recent surveys confirmed once again that Quebeckers in Canada are the people who struggle most with believing in God. But at the same time, Quebeckers in other surveys showed interest in pursuing spirituality. Unfortunately, some of this hunger is being satisfied by an upsurge of interests in New Age theology and Eastern religions as well as the occult.

In my twelve years of ministry within the churches of Montreal, I am witnessing a new hunger for a deeper life with Christ. While all this is good, many Christians unfortunately do not understand what a deeper life in Christ looks like. For so many Christians, revival means: maximum number of the gifts in operation, and a proliferation of great miracles that leave us awestruck.

But even if these things do happen when God moves, these things are not the focus of a deeper life in Christ. They are merely expressions of God's goodness and His stirrings in the Church.

Personal revival means repentance, a burden for the lost, a desire to realign your life under God's Word, to live as the Word dictates and not as the world dictates. **Revival is not about blessings, it is about longing for God!**

There is a place for blessings, but blessings without love for God will leave a person anemic and turned inward. God's people are not called by God to live only under blessings but to **be a blessing!** I want to encourage you to focus more on God Almighty than on the blessings that you can receive from Him. Too often we can get sidetracked and focus incorrectly! What the church needs today is the manifestation of God's glory. A time of refreshment, and a time of spiritual awakening!

The prophet Isaiah was encouraging the people of Israel to be prepared: *"A voice of one calling: 'In the desert prepare the way for the LORD; make straight in the wilderness a highway for our God. Every valley shall be raised up, every mountain and hill made low; the rough ground shall become level, the rugged places a plain. And the glory of the LORD will be revealed, and all mankind together will see it. For the mouth of the LORD has spoken."* (**Isaiah 40:3-5** [NIV]).

Revival is a sovereign act of God, but God does **not** send revival blessings on people who are unprepared for it. God will **not** pour out His Holy Spirit on stony hearts, **nor** will He send His rain for growth on those who are unready or unwilling to receive it.

In ancient times, when a king was to visit a city, a messenger would go before him telling the people to get ready for his visit. The people of that city would then get busy preparing the road along which he would travel. They would remove rocks and stones on the road, fill in potholes and make the road wide and smooth.

How much more is the need for us to be prepared for a fresh visitation of the Holy Spirit in our lives, that will equip us to fulfill the "Great Commission" to make disciples?

Jesus Himself wept on the people living in Jerusalem, because they didn't understand the time of His visitation (Matthew 23:37). In **Isaiah 40:3-5** we are told three things we must do to prepare for a divine visitation, for the glory of God to be revealed.

Raise up the valleys There are some parts of our Christian life, which are now low spots, the result of neglect. These are areas we must examine on our knees asking God to show us where we have neglected the growth He expects us to make, and the fruit of the Holy Spirit He expects to see in our lives.

Cont.

Luke 13:6-9 [NIV] *“Then he told this parable: “A man had a fig-tree, planted in his vineyard, and he went to look for fruit on it, but did not find any. So he said to the man who took care of the vineyard, ‘For three years now I’ve been coming to look for fruit on this fig-tree and haven’t found any. Cut it down! Why should it use up the soil?’ “‘Sir,’ the man replied, ‘leave it alone for one more year, and I’ll dig round it and fertilize it. If it bears fruit next year, fine! If not, then cut it down.’”*

We have a limited time to bear the fruit that God is expecting to use to fulfill His Mission. Remember the fruit that any tree produces is **not** for the tree that produces it. Fruit is for those who come to that tree to benefit from what it is producing. Also within each piece of fruit there is a seed which, if nurtured, will give birth to another fruit-producing tree.

Level the hills

Mountains and hills in our lives are the **hard resistant areas such as pride, unbelief, resistance to the work of the Holy Spirit, a critical attitude or self-righteousness**. All such obstacles in our life must be broken down before God can bring revival through us.

Make the rough places smooth

The appeal of the prophet Isaiah is to be referred to the inconsistencies in our lives, the ups and downs, the hot and cold attitudes. Are we harsh in our relationships with others? Are we impatient, irritable, unkind or unfair in our dealings with others? Only the Holy Spirit working in us can empower us to smooth out these rough places in our lives.

Then the Glory of the Lord will be revealed

God wants to come in these last days with a mighty out-pouring of His Spirit and a fresh revelation of His Glory before all humanity. But this must begin with those who call themselves Christians. Only when we are living holy lives will the world be confronted with the Holiness of God. *“I will show the holiness of my great name, which has been profaned [disgraced] among the nations, the name you have profaned among them. Then the nations will know that I am the LORD, declares the Sovereign LORD, when I show myself holy through you before their eyes.”* (**Ezekiel 36:23** [NIV])

People need to see in us that we are in love with God. We are not following a religion, but we are living in relationship with God Almighty. Emmanuel Church needs to stand on God’s Word. We need to be prepared in welcoming and receiving God’s glory.

Too many Christians are satisfied to live with some sporadic visitations of God’s glory here and there; they think it is ok, they think it is enough! There is not such need to make the effort *to prepare the way*. But God wants us to prepare the way!

“Enough” is the place of having our needs met. Today, Christianity in general, is becoming more need oriented, responding to the buttons that people push in their pews. I find myself longing for more of a historical faith. I find myself no longer satisfied with simple faith, ***the Just enough***. I want to meet God more than Him meeting my needs. Sometimes, I wonder if He’s even grieved by the noise of our clamoring *“I need”* or *“I want”*.

My prayer is that we are not just thrilled by the blessings, but that we are moved by God’s power to change our lives according to Scripture, to witness to the lost, and to be broken for the broken!

HEALTH

LET A LITTLE SUNSHINE INTO YOUR LIFE

In January of this year I bought my daughter a dog for her 18th birthday. He's a real affectionate teckle-beagle; he loves getting kisses from us. I also noticed the dog loves to stretch out in front of our large bay window at the front of the house when the sunshine comes in. Snoopy stays there, basking in the sun, sometimes for hours. Is he onto something? Does he know something we don't know? When our eyes don't take in enough sunlight, we can "experience a serious mood change... sleep too much... have little energy... crave sweets and starchy foods... [and] feel depressed," according to the National Library of Medicine. Studies link those symptoms to low levels of brain chemicals like serotonin and melatonin(See my email It is all in your head Part I & 2). Not only do we need sunlight in our eyes to produce those neurotransmitters, we need sunlight on our skin to produce vitamin D. I have been talking a lot about this vitamin in our Sunday class. Vitamin D is critical for building and maintaining strong bones. But a big surprise in recent years has been that vitamin D also plays a critical role in insulin regulation, making it important for the prevention of diabetes and heart disease. It's also important for the regulation of your immune system, with studies linking low vitamin D levels to an increased risk of breast, prostate, and colon cancers, as well as to multiple sclerosis.(my grandmother died of this disease). In Montreal it is very hard to get enough sunshine during the winter months. And in summer, many avoid exposure to direct sunlight because they're concerned about skin cancer. In addition, drugs used to treat heartburn, acid indigestion, and ulcers can deplete the body's stores of vitamin D. What this means is that you have a good chance of being deficient in this critical vitamin.

It's easy to restore the vitamin D your body needs. You can get it by spending a few minutes in the sun each day. You can also get it from food sources, especially eggs, fatty fish, and fish liver oils. And if you don't like fish, there are supplements. When taking supplements, avoid the old form of vitamin D (ergocalciferol). Vitamin D 3 (cholecalciferol) is the best form to use. Experts are now recommending that we get at least 1,000 IUs per day and up to 4000 IU if you are at a risk for cancer or multiple sclerosis. I personally take 1400 IU and I eat lots of fish especially smoked salmon which contains a lot of vitamin D.



Written by: Anthony Costa

MAY 15-16-17, MINI MISSION TRIP, BRANTFORD, ONTARIO

A 7 hour drive, 2 pit stops, a few ice cappuccinos and to top it all off... lots of junk food. That's right a 7 hour drive, a long, but very interesting 7 hour drive planned with a few cat naps and endless picture taking. That was the beginning of our "Brantford thing!" Once arrived in Brantford, we met the youth of Park Road Church where we had our first service, made some new friends and memories that will last forever. When we got to the hotel, everyone was exhausted but that did not stop us from staying awake all night..... talking, talking and laughing. The next morning, bright and early, after breakfast, we went to church where Pastor Robert shared his wonderful testimony on what the Lord has done in his life. We were all truly blessed and amazed at what he came out of and where he stands today. The remainder of the weekend was one blessing after another. The goal of our "mini mission trip" was to go to Brantford to share God's word through actions. "Love in Action" The youth Pastor of Park Road

church, Melodie, organized a cleanup time, at the home of an elderly woman. She was going to be evicted, because of the unbelievable clutter both on the outside and the inside of her home. When we arrived, armed with rakes, shovels and garbage bags, the rain began to come down hard. The neighbours were all surprised to see that we kept our commitment and that we did everything with a huge smile on our faces. Sunday night was very sad for us, because it meant that we were leaving the next morning. Everyone had an amazing time that weekend, including the parents. I think the majority of us went to Brantford expecting only a weekend of fun, but it was a lot more than that. We were all truly blessed and on behalf of the youth, we would like to thank Pastor Robert for all of his hard work. Pastor Rob, we love you; you wanted it to be a great weekend but it turned out to be a memorable one. And now abide faith, hope, love these three; but the greatest of these is love. **1Corinthians 13:13:**

Written by: Adriana Caruana

MATTHEW NINE 37 - 38

The Second Chance Cafe's 9th year is truly achieving its goal of helping our community. People from all over the world have come to the cafe which has made the cafe known in countries such as Italy, Mexico, Algiers, Morocco, Tunisia, and all across Canada. These new arrivals come seeking help. We thank God for so many of you that support with finances and material goods that provides a welcoming loving hand that says to them *you are welcome here*. A Mexican family under Mafia pressures, had to leave and requested refugee status here. We embraced them as they arrived and helped them get established spiritually and physically. They are so grateful that they now assist new arrivals seeking help in Montreal. We also have a wonderful Christian brother Akli from Algiers who is a direct answer to prayer. We had been praying for God to send a Christian Arabic brother to come and minister in Arabic to the many Muslims that come daily to the cafe. Akli's brother arrived 3 years ago and he came to the cafe regularly for bread and clothes while his Doctorate credentials were being established by the government. After acquiring his credentials he went back to Algiers to visit and told his brother Akli that when he came to Montreal he must go and visit the Second Chance Cafe. One of the first things Akli, his wife and two children did was visit the cafe and they've been ministering to the Muslim community ever since their arrival. God answers prayer! Many people who have come and gone throughout these nine years periodically pop in to express their gratitude for the help the cafe has given them. That is so encouraging to us. We thank them for their continued prayers for the Cafe.

It is truly a joy to be chosen by God to be in a place where we can help many people in so many different ways. As we all remain united in each of us doing our part, the Second Chance Cafe will continue to be a great help and a haven for people from all walks of life and Nations.

We now would like to express our deepest gratitude to everyone for a successful and prosperous fundraising banquet. A special thanks to Pastor Mario for announcing the need to participate in both Italian and English service, since 6 days before we had only 64 tickets sold having made reservations for 125. Thanking God for Pastor Mario's announcement, we finished off with a remarkable 180.

We take this opportunity to express our gratitude to Mark Makaris for his great effort and expertise which allowed the fundraiser to be the success that it was. We were able to raise over \$7000.00 that night after all our expenses were paid. God bless you Mark. There are many others who helped make the evening a success. To name a few; Welcome Hall Band, ushers, greeters and Eugene the owner of Princess, that together gave of their time and gifts. We are truly grateful for all their support. May God bless you richly! Due to your love and participation, we greatly anticipate our upcoming 10th Annual Banquet next year. We look forward to seeing you there. Till then, be blessed, stay well, God bless you and we love you.

Written by: The Second Chance Cafe Team

CATCHING UP WITH PASTOR ROBERT

On a sunny Friday, May 15th 2009 a group of 25 young people including parents left the church parking lot and headed to Parkroad Church. We had a 7 hour car ride ahead of us to Ontario. We arrived late on Friday evening and had a time of fellowship at Parkroad Church. They welcomed us with opened arms. Saturday morning was spent in prayer at the church then off we headed to evangelize and help out with physical work. Parkroad Church was so impressed with the willingness of our youth to do whatever needed to be done. They made me so proud of them. Saturday flew by and before we knew it, Sunday had arrived. We were in church for both morning and evening services. Early Monday morning we headed back to Montreal. I was so amazed at how our youth bonded together. It was so nice to see new friendships develop and old ones deepen. Memories that will last a lifetime. A special thank you to the parents who came with us. Their presence was so needed and appreciated. Thanks so much. The youth group at Parkroad Church are planning to visit us in August. Again, a big thank you to the parents who sent their kids and to the parents who came with us. Your investment will yield returns!



Written by: Pastor Robert Angelone

SERVANT SPOTLIGHT

In November 2008, I interviewed Pastor Robert. I came straight home to type it up. I would be ahead of the game with material for an issue upcoming in 6 months. So organized! Fast forward May 2009. Laura D. and I were preparing this new issue. We could not find that interview anywhere! So I humbly asked Pastor Roberto if I could interview him again. He was so gracious in granting me more of his precious time. My interview with him this second time was just as much fun. One thing you will notice is how much this man loves his woman. It just warmed my heart to see his face light up at the mere mention of her name. God is surely pleased when he sees this fine example of a Christian couple clearly still in love after 16 years of marriage. (As usual, the off record stuff was great, but off record!)

Servant:

Pastor Roberto Angelone
 Married to Lily 16 years
 Son: Jesse Roberto 13 years old
 Son: Michael Ryan 10 years old



E. Express asked:

Q: What do you like most about your job?

A: I love interacting with the youth.

Q: What do you like least about your job?

A: There are not enough hours in a day to accomplish all that I set out to do.

Q: What is your favorite food?

A: My wife makes the best penne with meat sauce. She is a wonderful wife and cook! What more can a man ask for!

Q: What is your favorite color?

A: Blue is my favorite color.

Q: Where is your favorite place?

A: My absolute favorite place to be is at home with my wife and sons. Of course I love being in God's house but you already know that.

Q: Your favorite thing to do?

A: I really enjoy playing ice hockey. It helps me stay in shape.

Q: If you could change anything about yourself, what would it be?

A: I would go back to school. Education is so important.

Q: Who is your best friend? Any relatives also friends?

A: My wife is my absolute best friend. She knows everything about me, and still wants to be my friend. Life with her is my dream come true.

Q: What other career would interest you?

A: If I had to choose another career, I would join the Montreal Police Force. Being a policeman would have been my other choice.

Q: What is your favorite Bible verse?

A: My favorite bible verse is Jeremiah 29:11 It hangs on a poster in my office.

Q: Your favorite Bible story:

A: My favorite bible story is of Blind Bartimaeus. It can be found in Mark 10: 46-52. This story demonstrates faith and perseverance. Bart was blind, but he fine tuned his hearing when he heard Jesus answer him. He ignored his loser friends that told him to sit down and be quiet. In fact, when they hushed him, he just screamed louder! His faith healed him as he remained focused on Jesus. I feel a sermon coming on....

Q: If you could travel anywhere in the world, where would you go?

A: If given a choice, I would travel to France. Everyone who has been there comes back planning their net trip. Beautiful Paris avec beautiful Lily!

Q: Who had the most influence on you in your life?

A: My mom had the most influence in my life. When I was going through a rough period, in my youth, I knew she was there for me, loving me unconditionally. She prayed me into the kingdom. She lived a life of faith to the end of her days. She passed away 3 years ago. I still miss her. She always believed in me. A mother's prayers are very powerful. She prayed for her boy and here I am today.

Q: Complete this sentence... I hope that...

A: I hope that my boys will serve the Lord all the days of their lives. May I show them by example how to live a godly life that is pleasing to the Lord.

Q: Any last thoughts for the readers.?

A: I ask the church to pray for my family. We also pray for the church members and of course the youth of EPCC.

DID YOU KNOW?

THE UNPARDONABLE SIN

*And so I tell you, every sin and blasphemy will be forgiven men, but the blasphemy against the spirit will not be forgiven. Anyone who speaks a word against the Son of Man will be forgiven, but anyone who speaks against the Holy Spirit will not be forgiven, either in this age or the one to come. **Matthew 12:31-32***

*I tell you the truth, all the sins and blasphemies of men will be forgiven them, but whoever blasphemes against the Holy Spirit will never be forgiven, he is guilty of an eternal sin. **Mark 3 :28-30***

*And everyone who speaks a word against the Son of Man will be forgiven, but anyone who blasphemes against the Holy Spirit will not be forgiven. **Luke 12: 10***

The unpardonable sin is connected with a denial of Christ. In those days when Jesus walked among them, performing miracles and teaching them – the Pharisees mostly, hated Jesus. The condition of their hearts were vile and hardened to the things pertaining to Jesus. They rejected Christ while He was still in the flesh. At that time, His work not yet finished, even His disciples weren't quite sure if He was the awaited Messiah. This rejection was forgivable because the work of redemption was not yet completed. After His death on the cross, His work was completed and as He promised, the Holy Spirit came, then in full knowledge, deliberate final rejection of the Holy Spirit's offer of Christ would constitute the "eternal sin which hath no forgiveness." Christ came in human form as a baby to live 33 years and then to die. He was a carpenter and knew how to handle a hammer and nails. He

would have driven the nails to the cross to hang through His feet and hands Himself, so clear in His mind was the purpose for which He was born. The Holy Spirit convicts us of our sin. The particular function of the H.S. is to bring conviction and repentance and make men/women receptive to the invitation of Christ. Once we are convicted, we need to repent and ask for forgiveness. We are forgiven because of the redemptive work of Christ on the cross. He died so our sins could be forgiven. By rejecting the Holy Spirit, we belittle the suffering Christ endured on the cross. This is unforgivable. The Holy Spirit convicts us of the very same sin that Jesus gave His precious life for. We minimize the work of salvation accomplished on the cross. Hearts that hate God and blaspheme Christ may yet be convicted and brought to repentance by the Holy Spirit. But he who rejects the Holy Spirit removes himself from the only force that can lead him to forgiveness and to the cross, ultimately is leading him to Jesus and to eternal life. In rejecting God's offer of His Son's forgiveness – we will not in turn be forgiven. If we resist the Spirit's convicting work, we will not see our sin. We blind ourselves to our sin. It might be excusable to utter a word against Jesus since who He is, at this point in the bible, is somewhat hidden. To resist the insights the Holy Spirit gives us, and knowing the revealer of truth, is to put one's self deliberately outside the orbit of God's revelation.

Written by: Dorina Carosello-Miceli



Faithful One
Future King
Fearsome winner
Always kind
Always good
Conquered Hades
Forever thine
Seems so humble

Yet a will so strong
He knows our hearts
He owns our souls
Deals so gently
Yet sin is out!
What can we give you
to make up for lost time?
Our love?

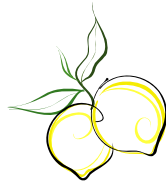
Our obedience?
None the less
Will He honor and cherish
That's all He asks
Is that too much for our King?

Written by: Rosa Della Corte

A CULINARY MASTERPIECE

LEMON GRANITA

- 2 cups of water
- 2 cup of sugar
- 1/2 of lemon (fresh or in bottle)



Preparation: Boil water and put aside.
 Add sugar only when water is cold. Add lemon.
 * do not mix the ingredients*
 Put in freezer
 Stir every 2 hours until ready to eat

Very Refreshing!

Submitted by: Angie D'Ovidio

DELISH KEY LIME PIE

- 1-8oz package softened cream cheese
- 1/3 cup plus 2 Tbsp key lime juice
- 1 teaspoon vanilla
- 1-14oz can sweetened condensed milk
- 1 graham cracker crust



Beat all ingredients and pour into pie shell and refrigerate.

Top with whipped cream and decorate

Submitted by: Carol Federicci

EMMANUEL EVENTS

MARK YOUR CALENDARS



June 19-21 CAOG YOUTH & YOUNG ADULTS CONVENTION

St-Lawrence College (Kingston, ON).
 Cost: \$150.00 before May 24 - \$165.00 after May 24
 If anyone is willing to sponsor a youth, please see Pastor Robert

PICNIC

July 18 - SUNDAY SCHOOL PICNIC
 Parc Maisonneuve from 9:30a.m. to sunset.

Dear Readers,
 As an Editor, I am always on the look out for written material by Emmanuelites that will enhance this publication. Feel free to submit your original written work. It may end up in a future issue of the Emmanuel Express.

YOU'VE GOT MAIL!

WHAT'S BEEN ON YOUR HEART LATELY?

PRAYER.....WHY SHOULD WE PRAY?

This has been on my heart lately. Why pray you ask? I can give you several reasons.

May I begin by expressing how incredibly blessed I was during the visit we received from Evangelist, Jonathan Shuttlesworth via special invitation from our beloved Pastor Mario Catalano. I would be amiss if I do not take the opportunity in thanking Johnathan Shuttlesworth for having accepted this invitation.

I truly believe that "the effective, fervent prayer of a righteous man avails much" James 5:16. You see, if not for the prayers of those who earnestly seek the presence of God, those who earnestly pray for the salvation of loved ones, those who earnestly seek healings of various forms, God would not have showed up on April 26,27,28,&29.

I myself have personally seen first hand at how the hand of God moves when we pray. During these days of God's outpouring, my own daughter rededicated her life to the Lord and if that wasn't enough, God called her out from the crowd and had a special message just for her.

I was in awe of God's powerful presence and simply moved by tears as I witnessed so many surrendering and giving their

hearts to the Lord, all those who received the baptism of the Holy Spirit, those who received healings of all sorts, those who receive prophetic promises, and those who received a special touch from God, again this included someone very dear to me.



Surely God's presence was with us and He continues to be as long as we let Him. My prayer is that we are committed to pray, not only as we did April 26 through 29 but until the return of our Lord Jesus Christ. May we continue to seek Him in this atmosphere of prayer not only during our Sunday services but in the privacy of our hearts.

May we be filled and may we walk by the Spirit. May His presence be seen through us in our homes, work place, school, and wherever we may be. I challenge you today to pray sincerely and earnestly before our God and when you do, get ready to receive an answer! "Call to me, and I will answer you, and show you great and mighty things, which you do not know" Jeremiah 33:3 And so now you know what's been on my heart lately!

May the Lord Bless you.

Written by: Antonella Camarra

GOD CENTERED WORSHIP

Our vision is to establish an atmosphere of celebration and magnification where by all people can experience God's presence as He is glorified in Spirit and in Truth. By the leading of the Holy Spirit, we the worship team of Emmanuel desire to lead God's people into an atmosphere of praise where they can experience His glory and grow in a more intimate relationship with Him.



"Worship is much more than preparing a list of songs or being talented enough to play music; it is a condition of the heart that desires to give glory and praise to God. All our talents and skills are what we use to express that desire. God deserves excellent praise. Are we offering our best? God has equipped our church with people who are gifted in different areas to fulfill all the needs of the church. It is our responsibility to use those gifts to their fullest and to be committed to the mission. What is our mission (our purpose)? Our purpose is to form teams of worshippers made up of musicians and singers that use their talents in unity, adopting a variety of musical styles in order to implement the vision of the church. "Teams of worshippers" –with your help I would like to form teams of worshippers on a rotation schedule, and possibly incorporate someone to work with the singers. I encourage you to offer any suggestions as how to how we can improve. Once again I thank you for your dedication and support thus far; I could not have done it without each and every one of you.

Written by: Steven Fuoco

Editor's Note: Steven has undergone two major surgeries in the past 2 months. We pray for a complete healing. We look forward to seeing him on the platform leading us in praise and worship very soon. Steven you are appreciated and loved.

Emmanuel Bookstore!

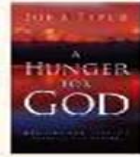


From the creators of 'Facing the Giants', comes their next powerful movie, "**Fireproof**" starring Kirk Cameron. It is a gripping story that follows one man's desire to transform his life and marriage through the healing power of love and faith.
Now available on DVD, price: \$27.99.



Also available, the book "Love Dare" as seen in the movie. Price : \$15.99

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A Deeper Level, *Israel Houghton* \$12.99

Holy Spirit Power,
Charles Spurgeon \$9.99



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DL Moody \$9.99

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Michael Cavanaugh \$12.99



The Fatherhood Principle,
Myles Munroe \$12.99

Also available, wonderful gifts for children!

101 Bible Stories for Toddlers : \$12.99 | My ABC Bible Story Book : \$9.99 | My 123 Bible Story Book : \$9.99 | Miracles of Jesus Puzzle Bible :



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